

Global Living Wage Series

Costa Rica

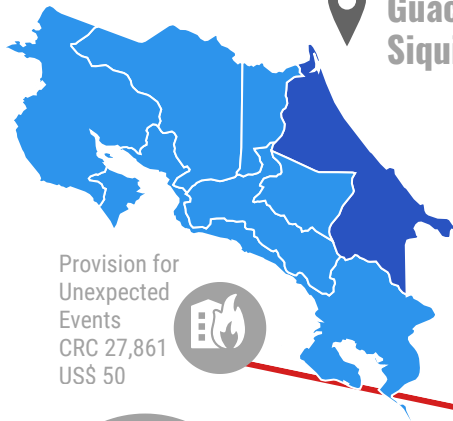
Limón Region



Photo Courtesy of Rainforest Alliance

Limón Region – Guácimo, Guápiles, Siquirres

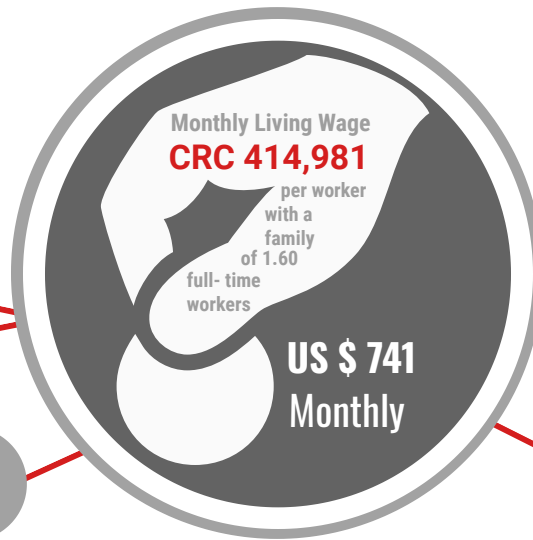
Synopsis of Living Wage Study Conducted By: Dr. Koen Voorend
Living Wage Estimated using the Anker Methodology, February-May 2017



Provision for
Unexpected
Events
CRC 27,861
US\$ 50



Mandatory
Deductions
from Pay
CRC 39,926
US\$ 77



Local Housing Standard for Family

- wall and floor constructed from durable material such as cement, stone or ceramics
- roof constructed with durable materials: corrugated iron sheets
- sufficient number of windows (min. 1 per room) for ventilation and adequate lighting
- electricity
- piped water in the house
- kitchen area separate from sleeping areas
- about 42m² (social housing standard)
- minimum of two bedrooms
- private toilet facility for family, a septic tank with a flush toilet in good condition
- safe outside environment

Model Diet

edible grams per
person per day

- 215g white rice
- 35g maize flour (1 medium sized tortilla)
- 32g white bread (1 small roll)
- 18g pasta/spaghetti (2 meals per week)
- 32g potato
- 16g casava (yuca)
- 25g plantain (half a medium sized plantain (of 350g) per person per week)
- 63g black/red beans (2 and ¼ servings)
- 193g milk (1.5 cups per child, 50 ml per adult)
- 14g cheese, white
- 53g eggs (1 egg per person)
- 49g chicken thighs (4 portions per week)

- 36g beef (beefsteak, 3 portions per week)
- 24g white fish (1 portion per week)
- 192g vegetables (64g cabbage, 64g tomato, 64g onion)
- 86g fruit (48g banana, 48g papaya)
- 32g oil (vegetable, 2 tbsp.)
- 30g sugar (white)
- 8g coffee (2 cups per day for adults, and 1/4 cup per day per child)
- 15g natilla

Context Provided for Banana and Pineapple Wages

Key Values and Assumptions



- 48 Hour Work Week
- 26 Work Days Per Month



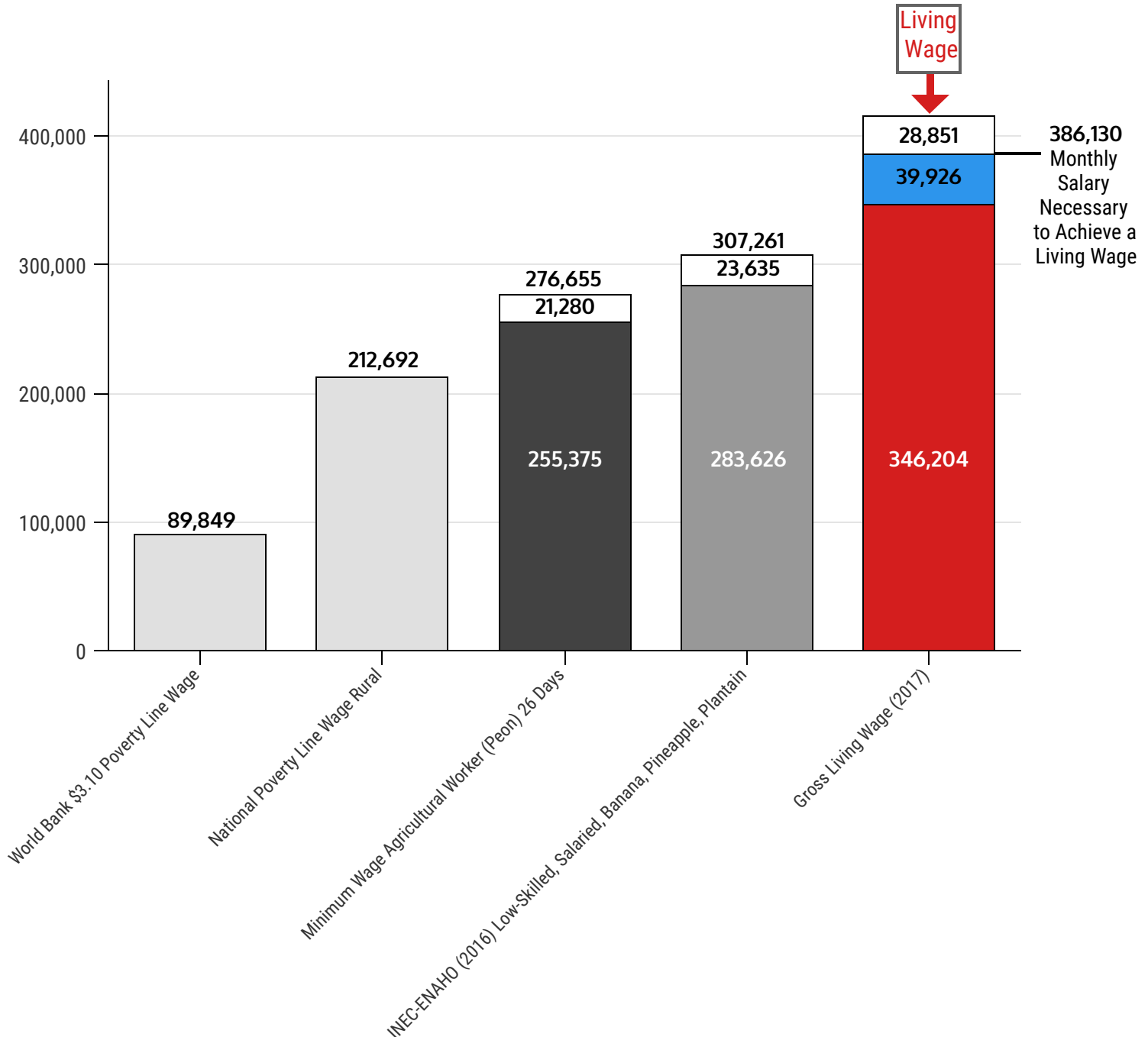
- Exchange Rate
US \$1 = 560 CRC



- Family Size of 4
- 2 Adults, 2 Children
- 1.56 Workers Per Family

Total Monthly Living Wage = ((Food + Housing + Non-Food, Non-Housing + Provision for Unexpected Events) ÷ Number of full-time Workers in Family) + Mandatory Deductions from Pay

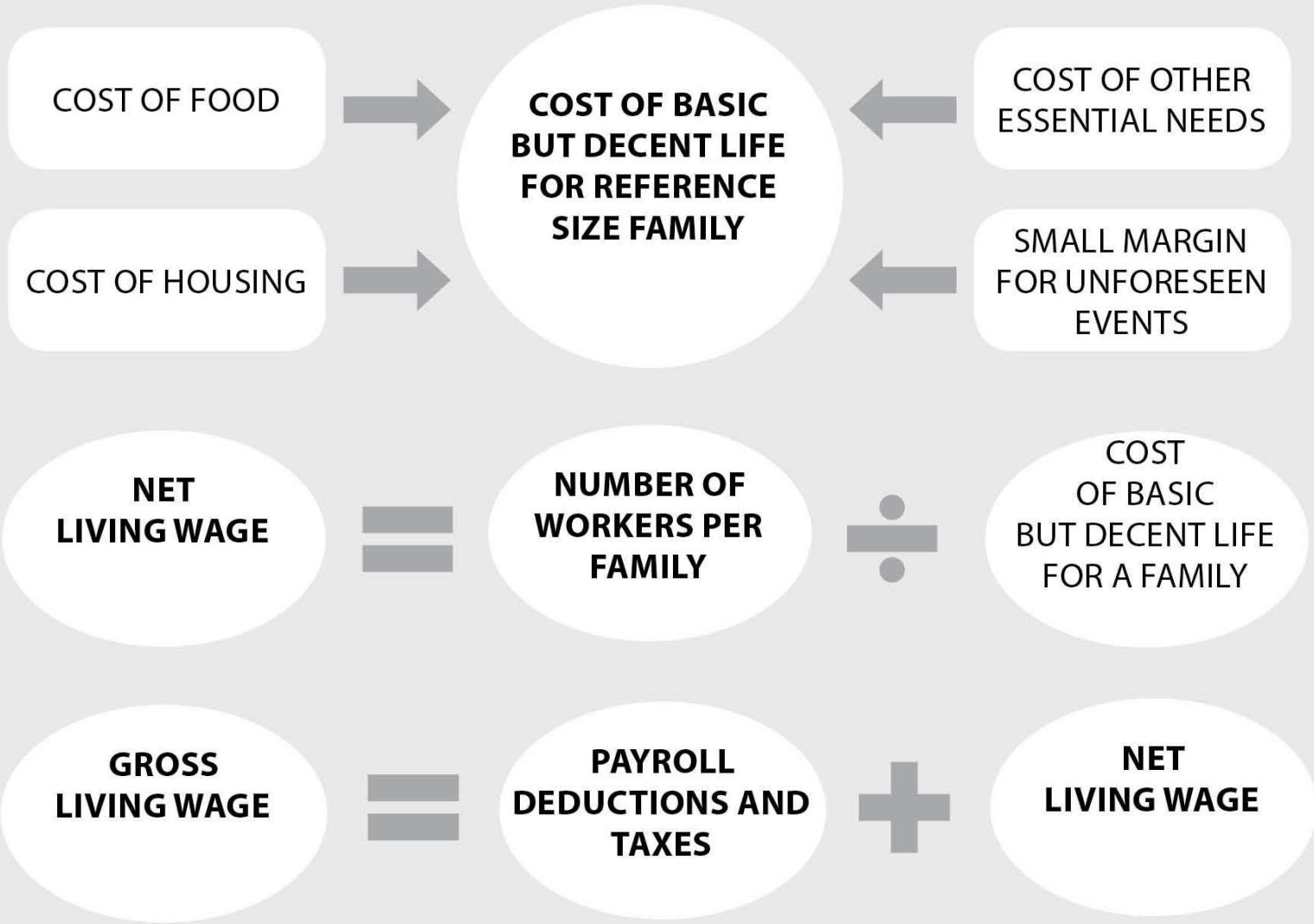
Monthly Living Wage for Costa Rica, Limón Region, in CRC



Global Living Wage Series Anker Methodology



Photo Courtesy of Sustainable Agriculture Network



www.globallivingwage.org

Register for Regular Benchmark Updates from the GLWC at <http://eepurl.com/b6Jlyf>

**GLOBAL
LIVING WAGE
COALITION**

Global Living Wage Coalition Members:
Fairtrade International, Forest Stewardship Council, GoodWeave International, Rainforest Alliance, Social Accountability International, Sustainable Agriculture Network, and UTZ. In Partnership with the ISEAL Alliance and Richard Anker and Martha Anker

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